

ROTARY CLUB OF SALT LAKE CITY CALCUTTA

RI DISTRICT 3291
DAYA DAN SATYA SUCHI APA-ASINAVA

Rotary
District 3291



CREATE HOPE
in the WORLD

PANCH SHEEL



Club Regn. No.: 16191

R I President : Rtn. R. Gordon R. McNally

Monthly BULLETIN

District Governor : Rtn. Hira Lal Yadav

Secretary : Rtn. Tapasi Pal

President : Rtn. Oindrila Guha

Editor : Rtn. Mriganka Mouli Banerjee

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28th September 2023

CHARTER NITE



47th Charter Nite of our club was celebrated in a gala manner on 18th August 2023 after the 2192nd RWM. PP Rtn Amit Goswami conducted the proceedings. 2 Charter members, namely Jyoti Ranjan Ray and Biswanath Basu were remembered in absentia. Members associated with the club for 25 years or more were felicitated. Senior members reminisced about their long club association and entertained all with anecdotes. Rtn Subhadra Goho offered Vote of Thanks. Cultural programme and fellowship followed along with a Bengali themed dinner. It was a magical evening in the presence of members and guests.

ILISH UTSAB



Monsoon was ushered by a delectable Ilish Utsab on 3rd September 2023. 32 members, spouses and guests made it a memorable afternoon. Rtn Subhasish Roy took the initiative and made impeccable arrangements of catering who churned out mouth-watering dishes. PP Rtn Ashim Guha Roy lent his helping hand with decoration, sound, etc. As is the tradition with our club, we had an entertaining cultural soiree with our in-house talents.

Message from President

Dear members,

Trust all of you are in good health!

Almost 3 months have elapsed since I took over the mantle of Presidentship of our club. Everyday has been a learning process replete with new hopes and ideas. Needless to say, all of you are the heartbeats of our club. It feels good and gives me the incentive to work harder when you take interest in club activities. My earnest request to you is to share ideas on what can be done to make our club more worthy and dynamic.

11th October is the International Day of the Girl Child. It is unfortunate that a girl child is still a separate entity in this world for whom a separate day has to be earmarked. This, inspite of girls proving themselves in all spheres even while facing myriad difficulties. Infact, 1 of the main focus areas of RI President as well as our DG for 2023-24 is Empowerment of Girls. We will dedicate 7th October on behalf of our club to teach them self defence techniques in a day long programme called 'Virangana' in our club premises.

On a happy note, the festive season is knocking at the doors and many of you must have planned your holidays and getaways well in advance. Greetings to you and your family members for the ensuing joyous days ahead.

Happy Puj!

Yours-in-Rotary,

Oindrila Guha

President 23-24



21st August 2023

Project 10/366.

Area of Focus - Basic Education and Literacy

Members present - 4

- 2 underprivileged students, Ms Sayanti Roy from Philosophy & Mr Deep Das from Chemistry Departments of Scottish Church College were given scholarship of Rs 10,000 each by our club. Sayanti wants to be a Journalist, while Deep wants to pursue research at IIT.
- Thanks to Rtn Chandra Sarkar for arranging the fund.
- The principal, Dr Madhumanjari Mandal thanked Rotary for this initiative.

25th August 2023

Project 11/366

Area of Focus - Disease prevention and treatment

Members present - 10

Family members - 6

- Retina check up & Diabetic Retinopathy Screening Programme for members & families were completed at Sankara Jyoti Eye Institute, New Town. All were tested with care by Director of the Institute Dr Shibashis Das.
- Another high point of the evening was induction of Dr Shibashis Das as our member. We are elated to have him amongst us!
- Thanks to Lipika Ghosh for introducing us to Sankara Jyoti Eye Institute. Kudos to all members for your active participation.

30th August 2023

Project 12/366

Area of Focus - Disease prevention & treatment

Members present - 8

Spouse - 1

- In association with 'Life Beyond Cancer', our club celebrated Raksha Bandhan at the Paediatric cancer ward of NRS Hospital.
- The pain and suffering of the small kids made was very sad. We agreed that we couldn't have spent this sweet festival in a better way.
- The rakhis we tied around the wrists of these seriously ill children had been made by the specially-abled inmates of Bodhana and were sponsored by Mrs Mita Dasgupta.

3rd September 2023

Project - 13/366

- Our RCC Bamangachi Uttaranchal Krirachakra organised the Krirachakra Cup Tournament in association with our club. It was a one day football tournament thoroughly enjoyed by the local boys.

4th September, 2023

Project - 14/366

Area of Focus - Disease prevention & treatment.

Beneficiaries - 184

- Our club organized a mega camp in association with Sankara Jyoti Eye Institute at Khoribari Auto stand, Rajarhat for the underprivileged people. A comprehensive health check-up camp was set up and blood sugar & BP monitoring, dental and eye checkup were done.
- Sankara Jyoti Eye Institute in association with Rotary Club of Salt Lake City Calcutta will be taking the noble initiative of operating 27 cataract patients identified in the camp free of cost.

10th September 2023

Project - 15/366

Area of Focus - Literacy

Members present - 7

- In association with our RCC at Bamangachi, we celebrated Teachers' Day in a befitting manner.
- A Quiz programme was organised with 15 students and our member Rtn Shantanu Chakraborty was the Quiz Master. He framed interesting questions and conducted the whole session in an engrossing manner.
- Local teachers were felicitated and 4 students securing highest marks in Secondary & HS Examinations this year from the area were also recognised.

16th September 2023

Project 16/366

Area of Focus - Disease Prevention & Treatment

Members present - 7

Beneficiaries - 60

- Rotary Salt Lake City Calcutta organised an interactive Seminar in association with Milan Samity (Hrishkesh Park) & co-association by St Paul's School Praktani (1980).
- The 1st session dealt with Thalassemia awareness and the speaker was DG 25-26, Rtn Dr Ramendu Hom Chaudhuri.
- The 2nd session on Stroke Prevention Awareness was conducted by Rtn Dr Dipes Kumar Mandal.
- Thanks to our Treasurer Md Irfan Alam for co-ordinating the event.

SELF LOVE

Many times we come across this question what is self love. Specially when you have done the fielding for half century in this 'life' gaining experiences. We find it is a key ingredient to develop ourselves and our own self esteem. During our journey we also find self love empowers us to express our views without fear. But for us it is not so easy specially, the so called Gen X nowadays were taught to share and sacrifice as looking after others' happiness was more important . But when you start travelling you start understanding the fact of self love. Travelling by Air is a good experience where the Air hostess repeatedly announces that during Emergency Situation "Please help yourself before you help others". Until you are feeling good, you cannot make others feel good. Our happiness is only possible when we start accepting everyone and everything as it is and not searching the reasons and being realistic. And what is Realistic, it is "Let Go" So self love is not getting everything for self, it is Let Go Do Not Hold It. Start loving the life as it is, and Live and Let Live continues.

—Rtn Tapasi Pal

অবুঝ

—ইন্দ্রনীল দাস

বন্ধুরা বলে আমি নাকি সারাক্ষণ তোমার কথাই ভেবে চলেছি!
কেন যে এমন অদ্ভুত ধারণা হয় সকলের?
যখন সারাটা দিন কাজের চাপের মধ্যেই সময় চলে যায়
কে আর পুরোন স্কৃত নিয়ে মাথা ঘামায় না ঘামাতে পারে?
শুধু দিনের শেষে বাড়ী ফেরার নির্জন রাস্তাটায়
হঠাৎই মনে হয় আমার ঠিক পাশটাতেই কে যেন হাঁটছে,
তার পায়ের শব্দ শুনতে পাচ্ছি।

আজকাল জ্বরটর হলে খারাপ লাগে না—
একটা নির্ভেজাল ছুটি বাড়ী বসে বেশ উপভোগ করা যায়।
শুধু শুকিয়ে যাওয়া ঠোঁটের ওপর জলের গেলাসটা নিলে,
হঠাৎই মনে হয় কেউ যেন গরম স্যুপের বাটিটা
আমার বুকের কাছে এসে ধরবে।

আসলে যা চুকেবুকে গেছে সেটা কি কেউ
হাঁদার মত আঁকড়ে থাকতে চায়?
আমি কিছুতেই সেটা বোঝাতেই পারছি না—
বন্ধুরা সেই বোকার মত একই কথা বলে যাবে যে
আমি নাকি এখনও ভুলতে পারছি না।

আমি তো প্রতিটি রাতেই দরজায় খিল দিতে দিতে
ভুলতে পারছি এই দরজাতে দাঁড়িয়েই তুমি বলেছিলে—
“যাচ্ছি”

NEW MEMBER



Dr. Shibashis Das
Director, Sankara Jyoti Eye Institute

Happy Birthday!

Rtn. Tapasi Pal - 11th September

A few upcoming events in October -

- Virangana - 1 day workshop to teach self-defence techniques and impart psychological counselling to girl students to observe International Girl Child Day
- Renovation of toilets and setting up of Sick Room at Jagatballavpur High School. Work is in progress
- October is Community Economic Development Month. We will carry forward our Project with Angana Ladies Club by placing order for more cloth bags to help in Supporting the Environment and enhancing Rotary's Public Image
- Aagomoni, a cultural programme to celebrate the spirit of the festive season will be held on Friday, 13th October.
- Plan to visit an Old Age Home and take them for Puja parikrama if logistics can be worked out.